

# Skinnhelse som indikator på næringshelse

Lofotseminar

07.06.2021

Prof. Karin Pittman

BIO

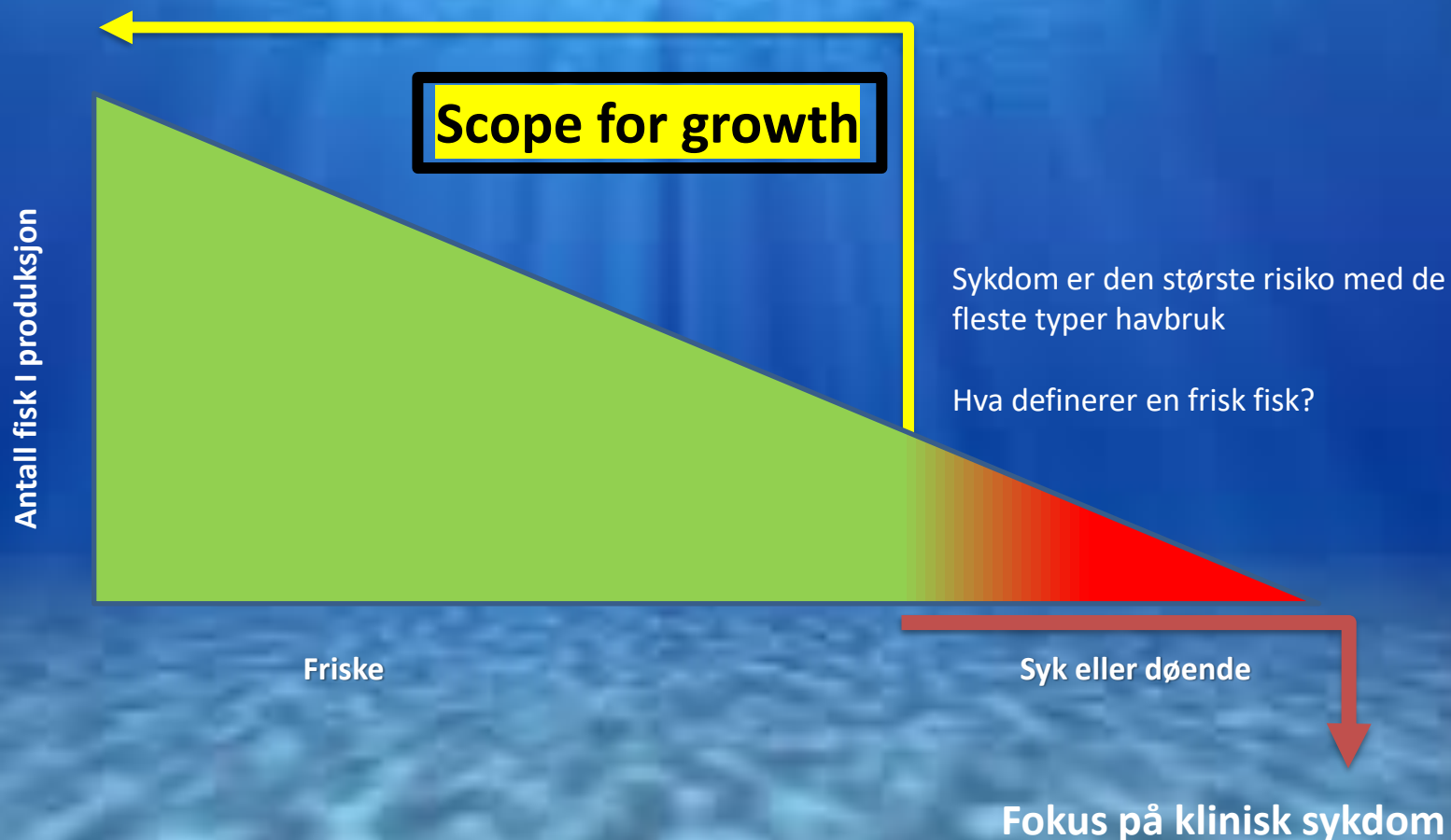
Univ i Bergen

og QuantiDoc AS



# Vårt hovedbudskap: lag *helsestandarder*

- for integrering i forvaltning
- for sertifisering av fiskevelferd
- for økomerker og forbrukeromdømme



De første oppdrettskveite fra ca juni 1986  
Hyltrollen, Austevoll havbruksstasjon  
Leif Berg, Victor Øiestad og Karin Pittman

## Solid arbeid gir grobunn for videreutvikling av ny næring

Foto: Bergens Tidende

Foto: NTB [Naturbruk Vg1 - Oppdrett av marine  
fiskearter - NDLA](#)



# SKINNHELSEN I LAKSEOPPDRETT

## Indikator på næringshelse?



Bilder:

<https://fiskehelse.wordpress.com/2012/03/28/vintersar/>

<https://www.kyst.no/article/fiskehelsetjenester-med-tips-for-aa-unngaa-vintersaar/>

<https://marinhelse.no/tenacibaculum/>

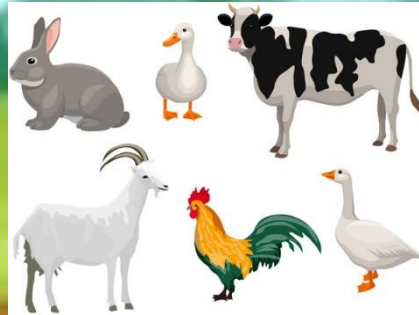
# Akvatiske dyr har sitt immunsystem på *utsiden* (skinn og gjelleslimlagene) og *utsiden* (tarm mucosa) og det er viktig hele livet



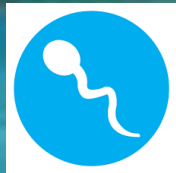
Skinnets slimlaget = Skjoldet  
Gjellenes slimlag = Sikkerhetsvakt  
Tarmens slimlag = Fundamentet

*Etter 40 år med intensive oppdrett  
kjenner vi fisken som et dyr bedre enn vi gjør fra millenier med fiskeri*

# Aquaculture $\neq$ Agriculture under water



Farm  
animals



Sperm  
meets  
egg

Fish/shrimp

% Total Lifetime in Egg/Womb/Protected stable environment

50-70 %

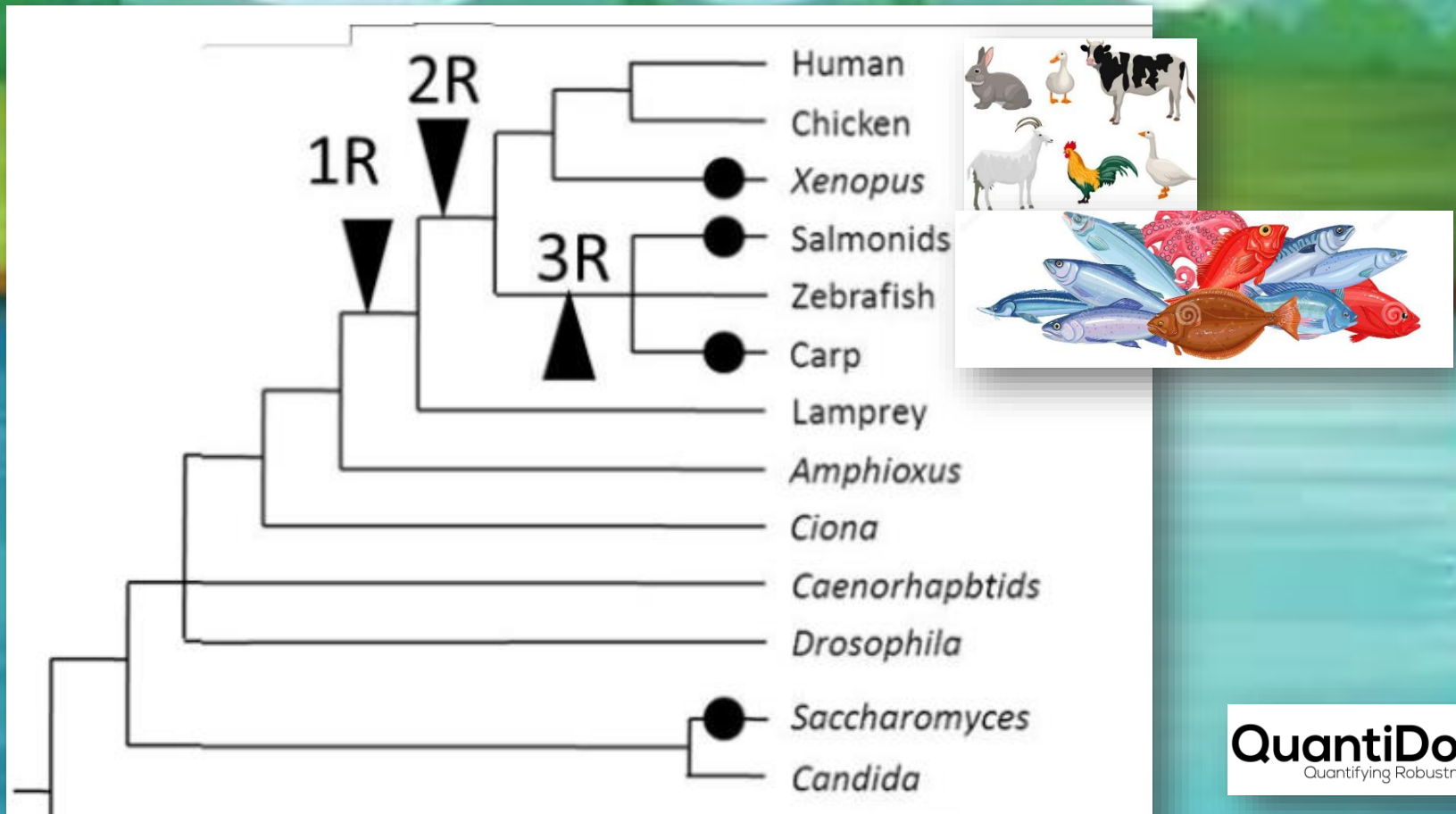
0%



Harvest



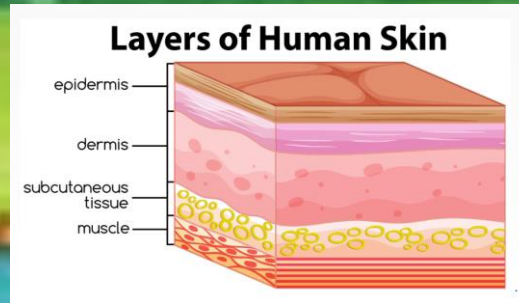
# Aquaculture ≠ Agriculture under water



Whole-genome duplication (WGD) events during eukaryotic evolution. 1R, 2R, and 3R indicate first, second, and third-rounds of WGD in vertebrate evolution, respectively. From: Carmona-Antoñanzas 2014 adapted from Sato and Nishida, 2010

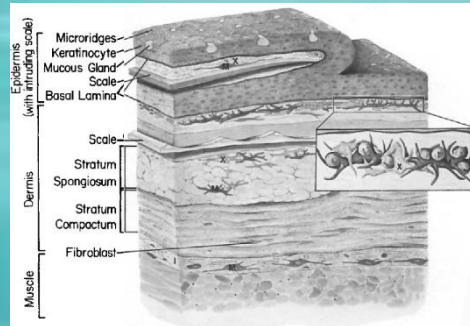
# Aquaculture ≠ Agriculture under water

Land animals:  
Dry skin



*Aquatic animals = Slimy skin/gills = mucous epithelium = immune system on the outside*

Fish:  
Slimy skin





# Aquaculture ≠ Agriculture under water

## Land animals:

- Depend on stable environment for embryo development to young form,
- 2R genome with “known” gene functions
- Dry skin, slimy lungs and guts= **mucosal protection inside**



## Aquatic animals:

- Develop in variable environment to young form
- 3R genome with “unknown” gene functions
- Slimy skin, gills, guts = **mucosal protection outside and inside**

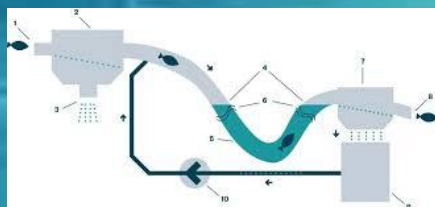


# Aquaculture ≠ Agriculture under water

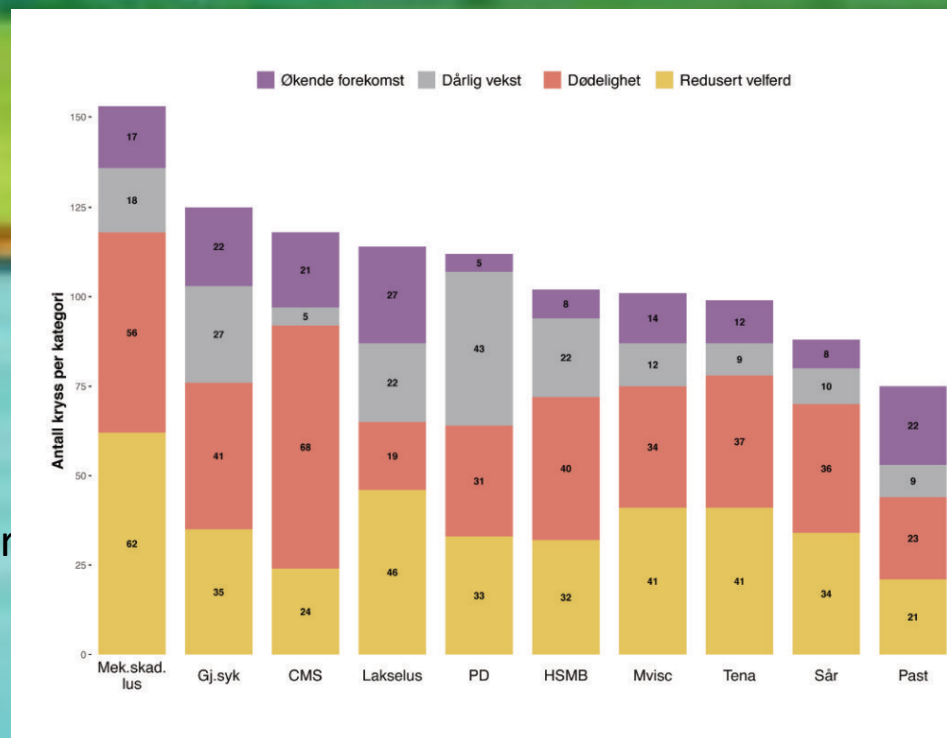
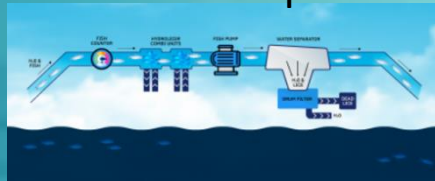
## Ectoparasite Treatment

- Ectoparasites can be controlled using a variety of different drugs in a variety of different formulations
  - Sprays
  - Dips
  - Pour-ons
  - Shampoos
  - Dusts or powders
  - Foggers
  - Oral products
  - Spot-ons
  - Injectables
- See Table 15-4 for forms of ectoparasites and their advantages/disadvantages

© 2004 by Thomson Delmar Learning, a part of the Thomson Corporation.



External “Scrapers” Thermolicer and hydro



Result?:

#1 of Top ten problems for fish farms  
>27% mortality

[Technology focus: Hydrolicer – non-medicinal sea lice management \(sustainableaquaculture.com\)](https://sustainableaquaculture.com/)

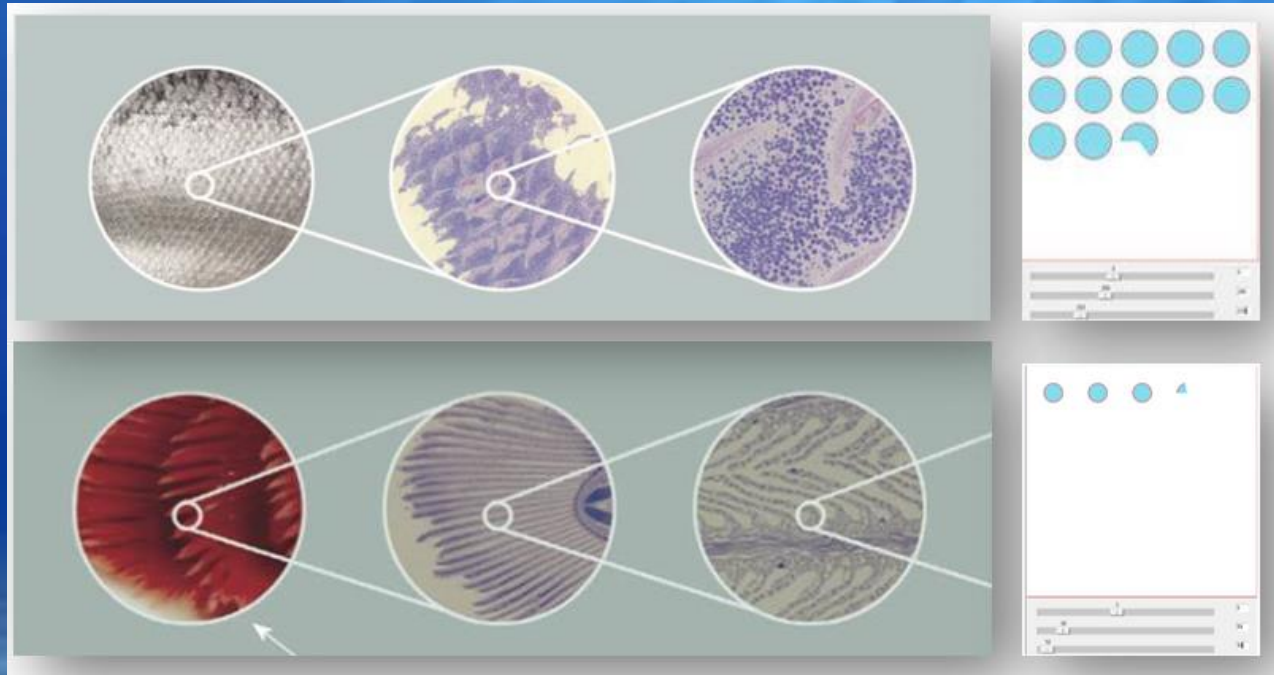
[What is a thermolicer? | Scottish Salmon Producers Organisation](#)

[PPT - Fundamentals of Pharmacology for Veterinary Technicians PowerPoint Presentation - ID:544937 \(slideserve.com\)](#)

[Fiskehelsesrapporten 2020.pdf \(uib.no\)](#)

# Når begynte fisken å mistrives? Når begynte skjoldet å reagere?

Tap av Norsk oppdrettslaks i 2020 var 60.3 million laks, 86.5% dødfisk, 5.8% 'avvist', 7.7% 'andre' and 0.01% rømt



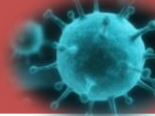



Dicer App v2  
Riktig størrelse, an  
tetthet, kompens  
patchiness

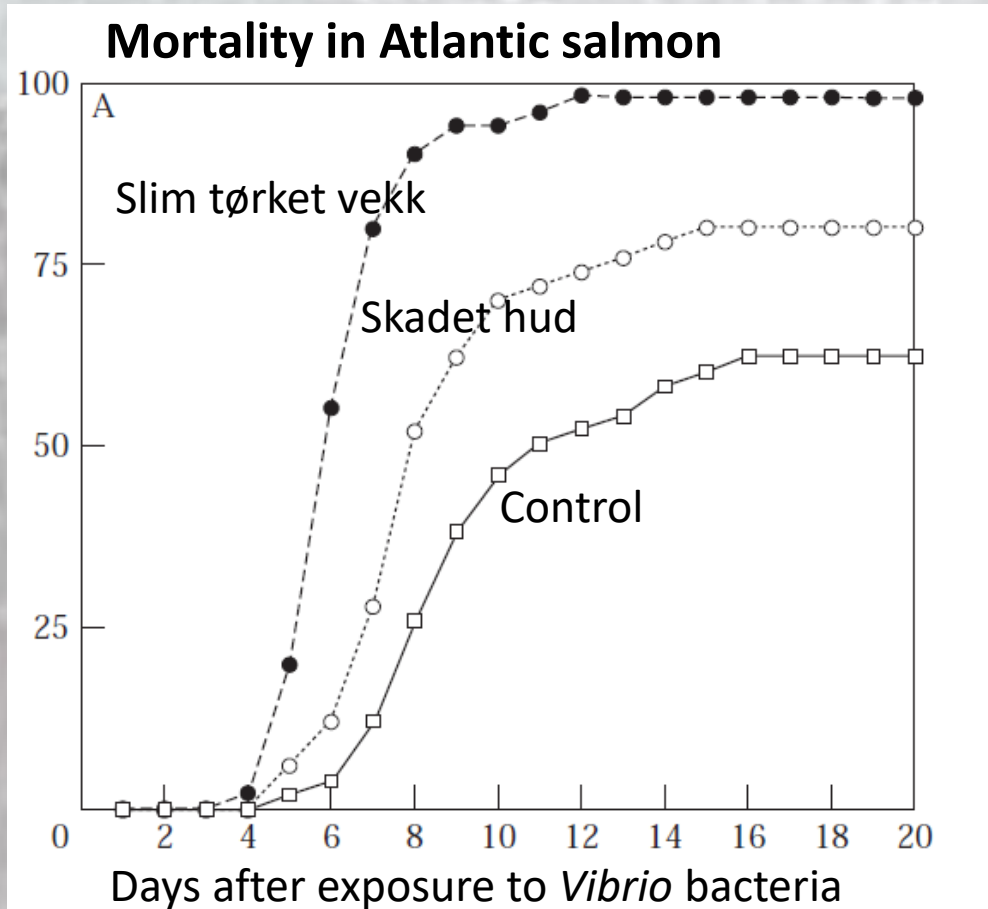
**Blå prikker = slimceller = slimfabrikkene i skjoldet**

- sanser stress og patogener
- gir ut antiparasitiske, antibakterielle, antivirale og antisopp stoffer
- endringer er **tidlig varsel på forsvar fra fisken**

# Slime is Pro-Active

substance	antibacterial 	antifungal 	antiviral 	antiparasitic 
H2A peptider	√	√		
H1 oncorhyncin2	√	√		
H6 oncorhyncin3	√	√		
pleurocidin	√	√		
Sal-2	√	√		
complement factors	Antigen-antibody	Antigen-antibody	Antigen-antibody	Antigen-antibody
hydrolytic enzymes (proteases etc)	degrade	degrade	degrade	degrade
IgM, IgT	basic antibodies	basic antibodies	basic antibodies	basic antibodies
lectins	pathogen recognition	pathogen recognition	pathogen recognition	pathogen recognition
mucus extract			√	√
interferon			√	

# It is painfully simple: fish health is better with a good mucous layer



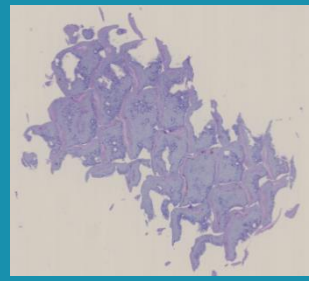
Det er såre enkelt –

fiskens helse er bedre  
med et godt slimlag

From: Svendsen and Bøgwald 1997

# GENERATION STUDY

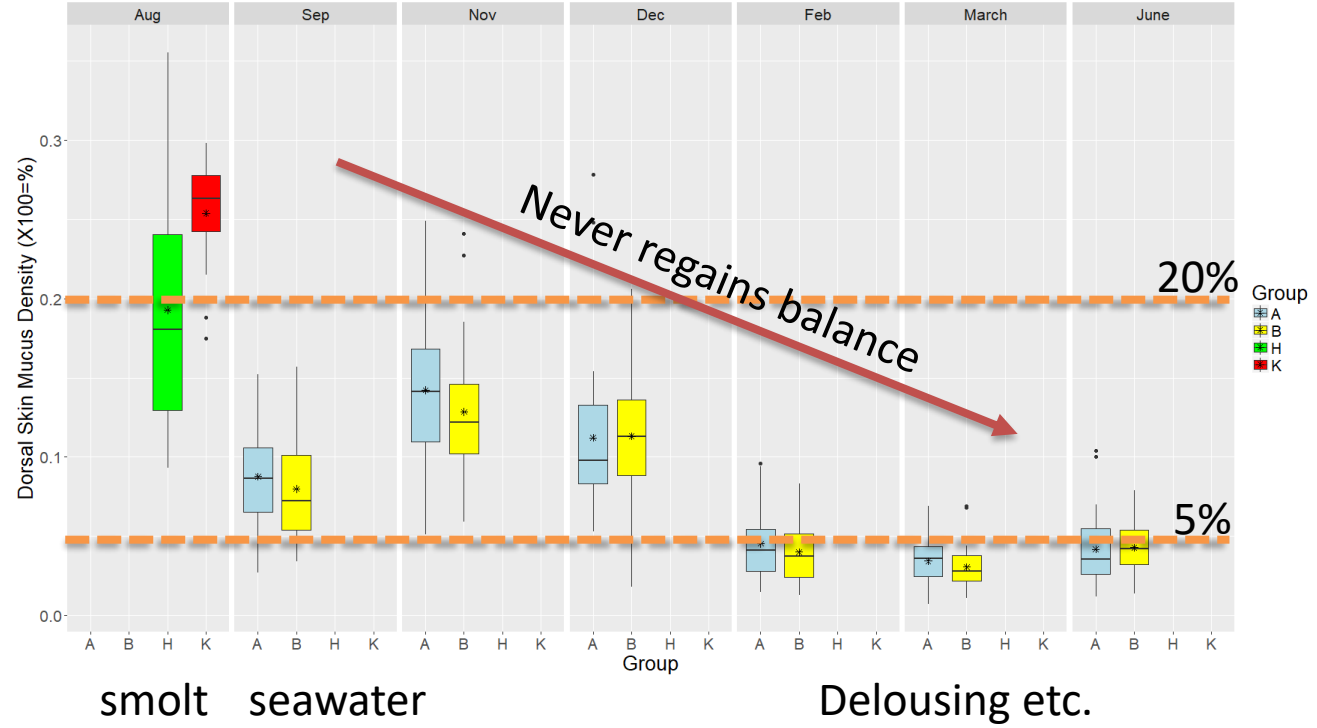
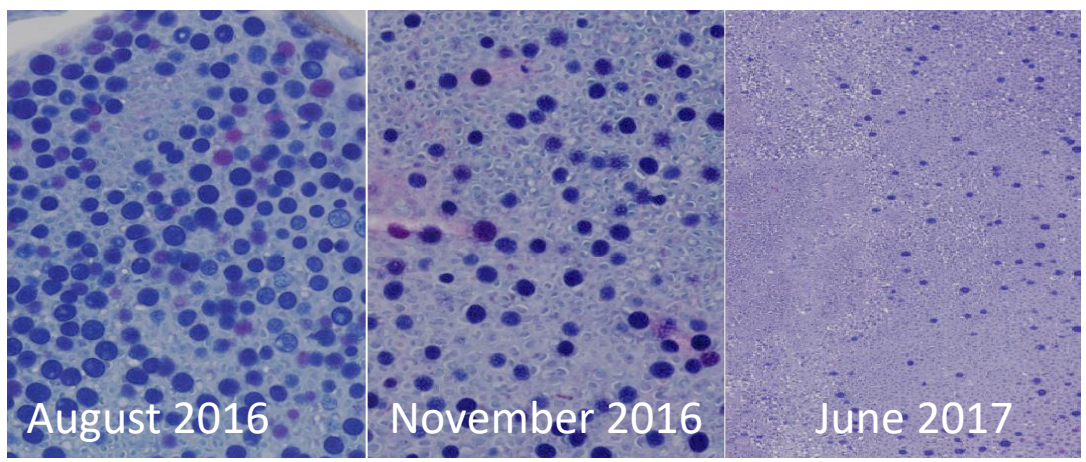
## Skinn



Smolt opphav viktig

Stress fra transport, handling, trengning, avkusing

gjentatt stress = gjentatt svekkelse av immunforsvaret



CAC2016G-Integrert lusehåndtering – test av ulikekombinasjoner forebyggende tiltak mot lakselus  
 Partners: Marine Harvest, Skretting, Inst of Marine Research, FHF, Quantidoc



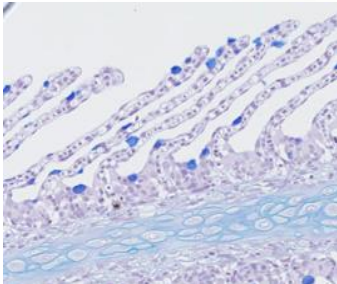
# QuantiDoc's Veribarr™ Technology har store fordeler over traditionell histologi på hud, gjeller og tarm.

<b>Comparison</b>	<b>Histological quantification of mucous cells</b>	<b>Veribarr™ on mucous cells (design-based stereology, 3D from 2D)</b>
Length or area	1-2 mm running length	1-2 cm <sup>2</sup> surface area
Unit of measure	Relative to existing structures	Universally applicable
Orientation of section	Very important	Not important
Standardization	- No standardized units - Not directly comparable across treatment and organs	- Standardized reporting - Comparable across treatment and organs
Qualitative or quantitative	Qualitative and quantitative	Quantitative
Method	Manual	Semi-automated
Bias	Biased unless random rules applied	Unbiased

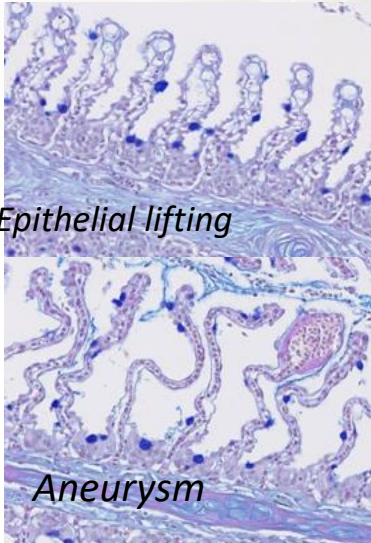
(Table modified from Dang *et al.* 2020, Table 4).

# Gill changes in association with commercial H<sub>2</sub>O<sub>2</sub> treatment

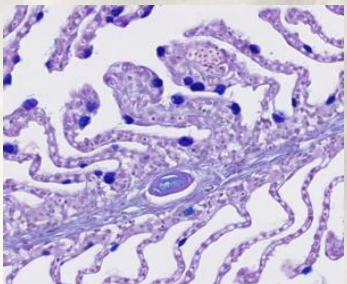
Day -1



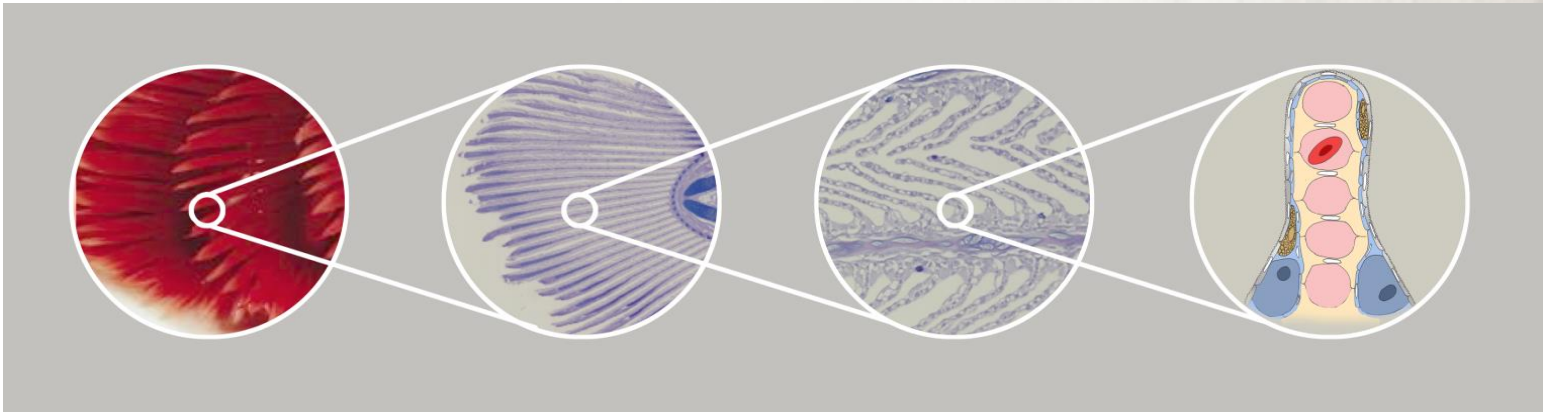
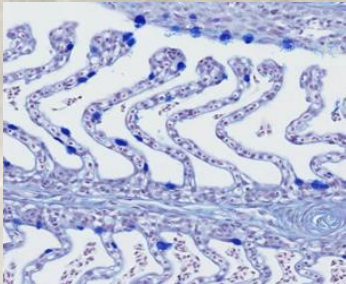
Day 4



Day 11



Day 18





# GENERATION

## STUDY

### Gills

50% of fish surface area



### Freshwater

Origin differences

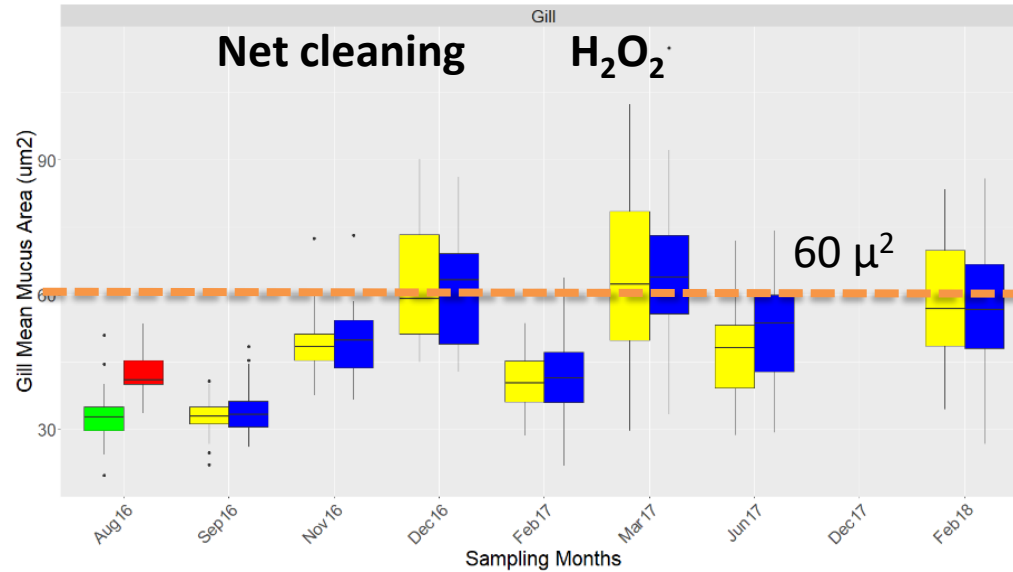
### Seawater

Stars with a bit of «drying» then comes net changes, particles and delousing

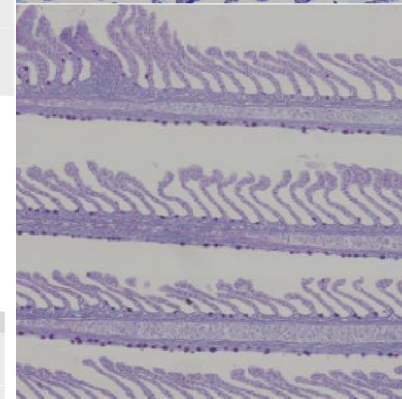
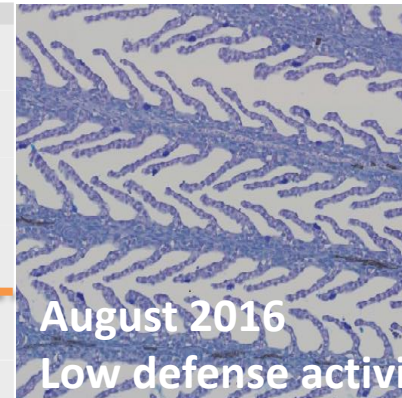
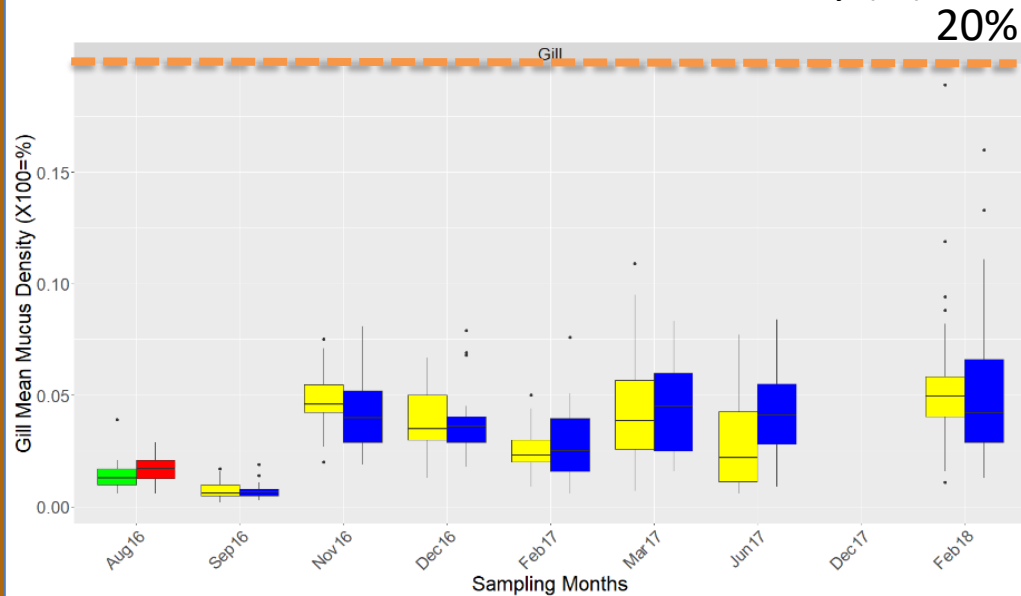
Significant differences within Gill Score 0-1

*n=30-45 under each box  
2 treatments in triplicate  
with Marine Harvest, Skretting,  
FHF, IMR, NIFES og Quantidoc*

## Lamellar mucous cell size ( $\mu^2$ )



## Lamellar mucous cell volumetric density (%)



# Aquaculture needs an “auditable indicator” for outer health of fish

## OIE Aquatic Animal Health Strategy 2021-2025

Drivers for collaboration on aquatic animal health and welfare

### The OIE Aquatic Animal Health Strategy

- Objective 1 - STANDARDS
- Objective 2 - CAPACITY BUILDING
- Objective 3 - RESILIENCE
- Objective 4 - LEADERSHIP

Conclusion



**Auditable (etterprøvbare) standarder er MÅLBARE med et kvantitet**

**-baseres på bevis, forskning og god praksis**

- **Er brukervennlig, forståelig, kan tolkes konsekvent**
- **Hjelper til med forbedring av kvalitet, rutiner, produsjonsplanlegging:**

[https://www.academia.edu/16555877/International\\_principles\\_for\\_healthcare\\_standards\\_b](https://www.academia.edu/16555877/International_principles_for_healthcare_standards_b)

# Så hva skjer om man anvender en standard over tid?

## 17.0 Physical Health

### 17.1 Gill

N=0

### 17.2 Skin condition

N=0

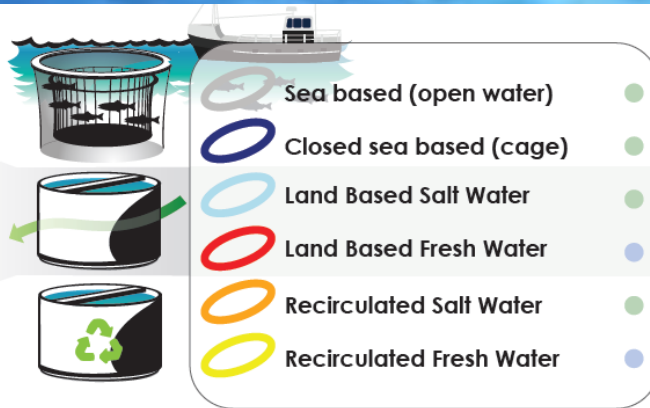
### 17.3 Snout, scales and fin damage

N=0

Få eller ingen fisk-baserte helseindikatorer  
Men mange for sykdom **etter at helsen er tapt**

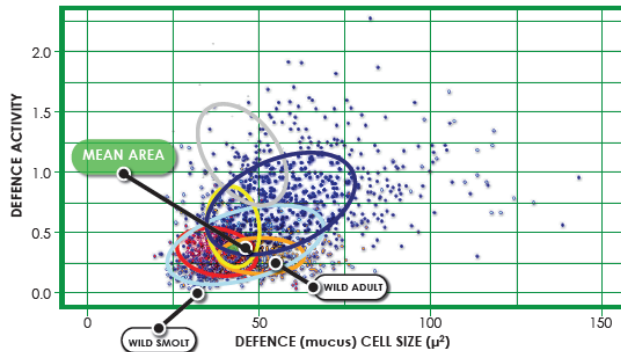
List of directly auditable indicators from:

Aquaculture Stewardship Council (ASC) Global Aquaculture Alliance (GAA)/Best Aquaculture Practices (BAP) Global GAP Royal Society for the Prevention of Cruelty to Animals (RSPCA)- Farmed Atlantic Salmon Scottish Salmon Producers Organisation (SSPO)

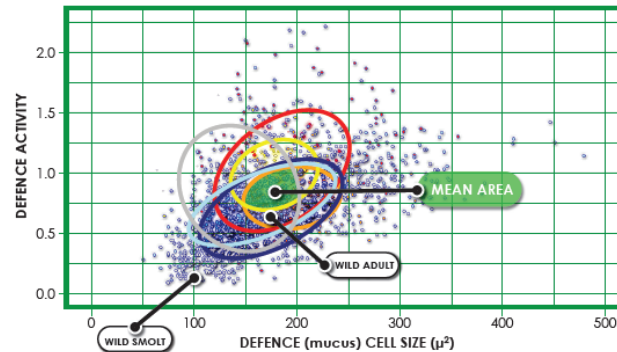


Standardization improves understanding of and limits for barrier health (Skin N= $\sim$ 2000 Gills N= $\sim$ 1000)

**GILL**  
Barrier Analysis

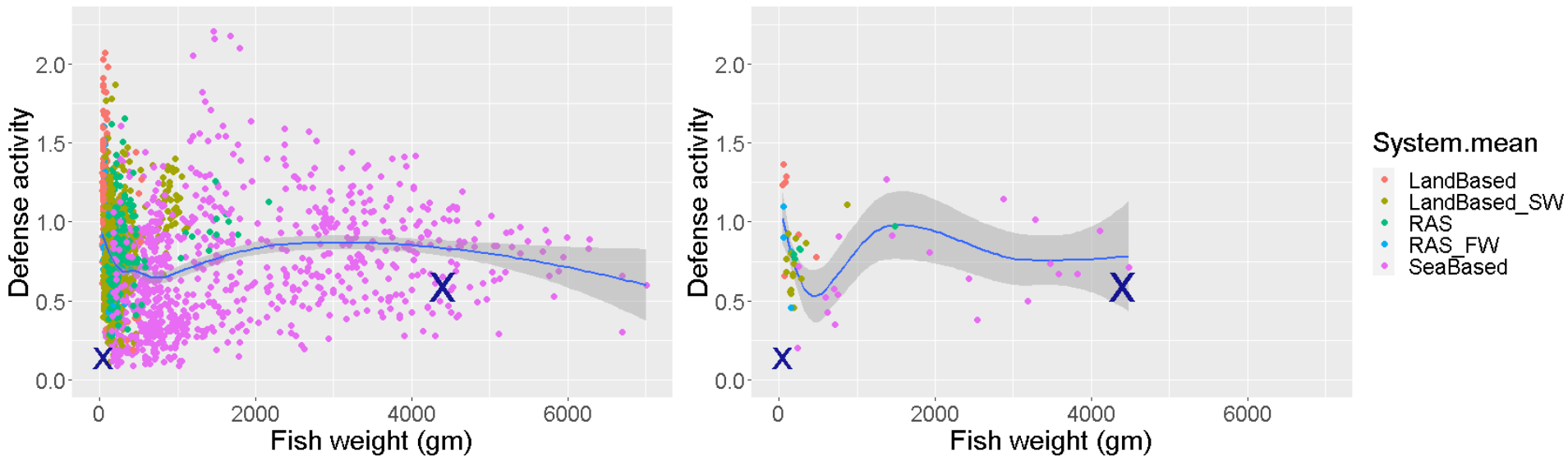
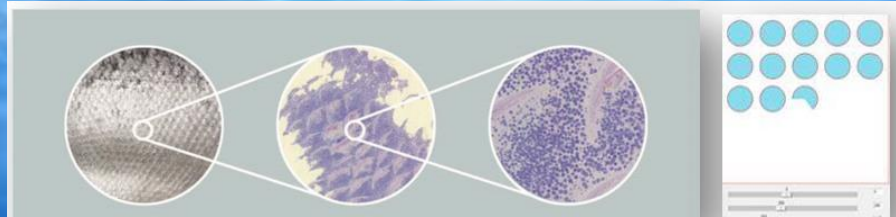


**SKIN**  
Barrier Analysis



Verification of barriers  
Veribarr™ Grid

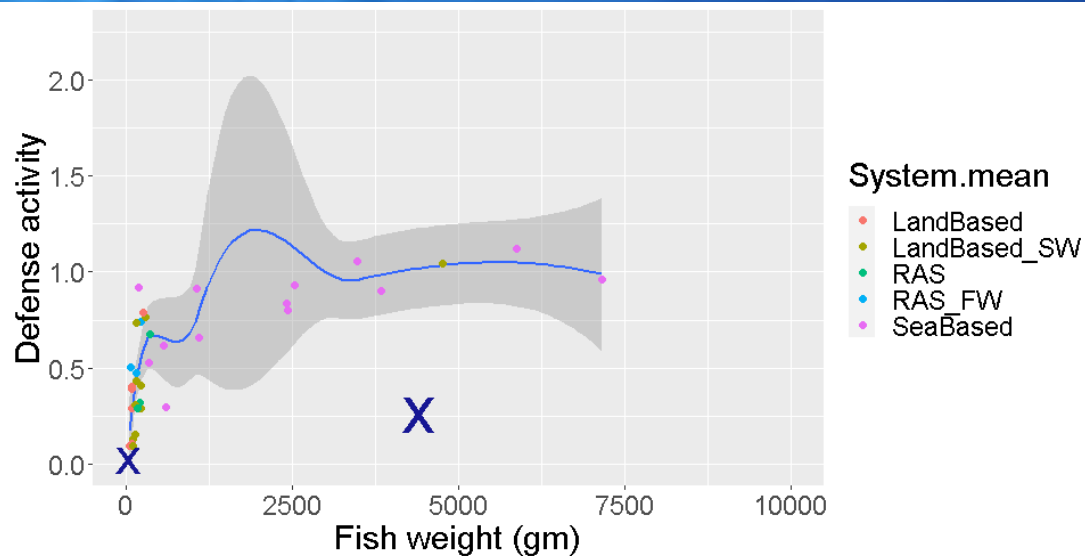
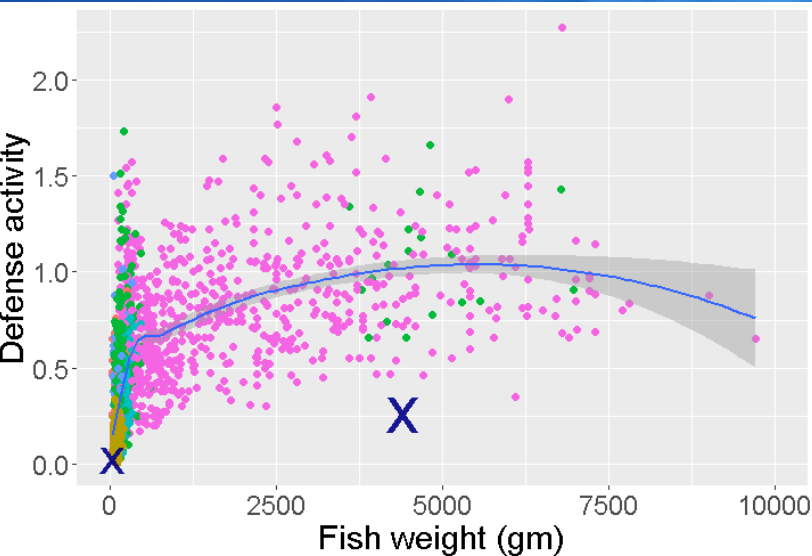
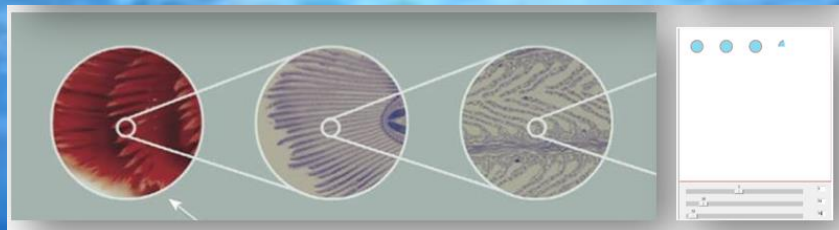
# Forsvarsaktivitet i lakseskinn i kommersiell havbruk (n=2126, N=52)



Defence activity=  $(1000 * \text{Mucus density}) / \text{Mucus cell size (um}^2)$

**X** – wild *Salmo salar* smolt (n=27), **X** – wild adult salmon (n=7)

# Forsvarsaktivitet i laksegjeller i kommersiell havbruk (n=1816, N=35)

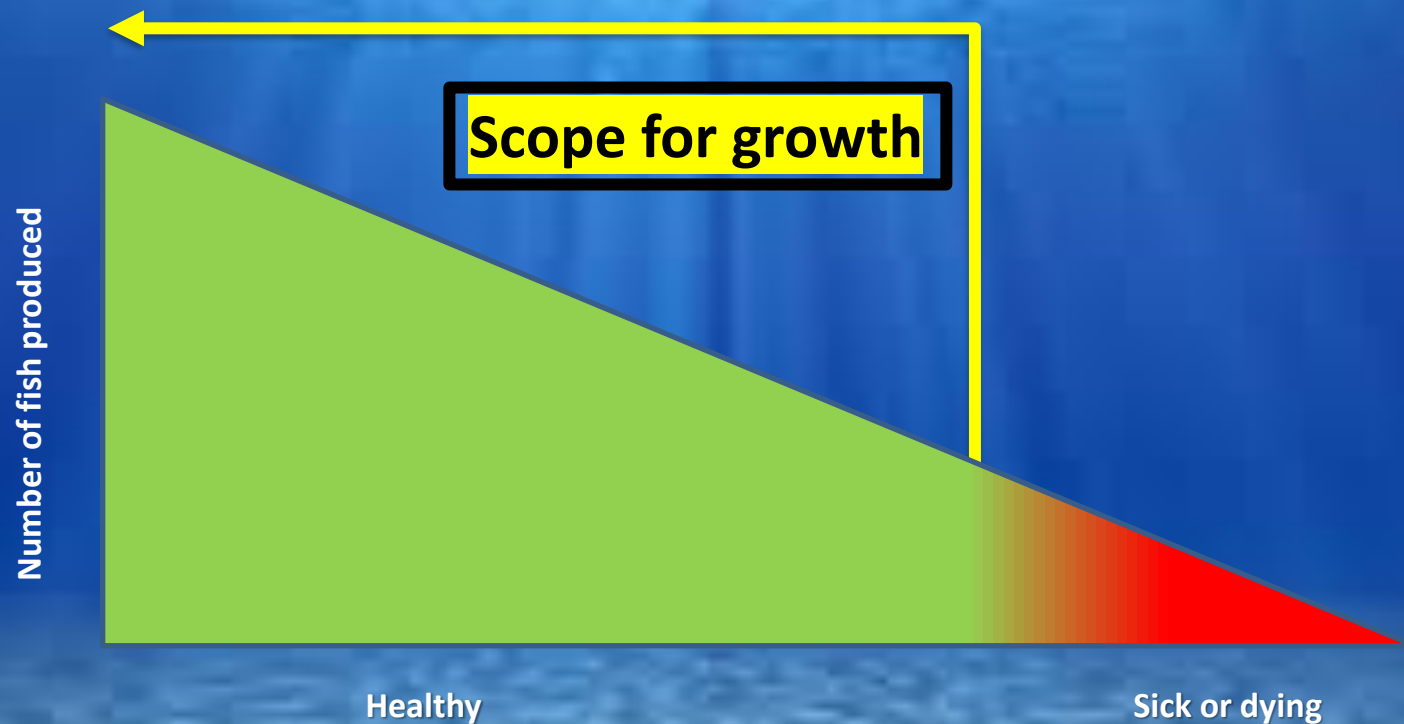


Defence activity=  $(1000 * \text{Mucus density}) / \text{Mucus cell size (um}^2)$

**X** – wild *Salmo salar* smolt (n=27), **X** – wild adult salmon (n=7)

# FISHMOM – lag en ny helse standard

- fiske immunitet, site helse, modellering og overvåking
- parallel MOM A,B,C miljøundersøkelser NS9410
- for sustainability, ecolabels and consumer confidence



**The robust fish** has a protective, live, active mucous barrier of **0.07mm** – *less than a human hair.*

**FISH SLIME  
DESERVES  
RESPECT**

A self-renewing cell layer of less than 0.07mm keeps the fish fresh, repels hostile but natural components of the water – and ensures good health. It's almost invisible, it's glistening, it's smooth – and complex!

We have written this little book to respect this brave, ultra-thin barrier and its tireless struggle to keep the fish healthy and robust.



## The Robust Fish

– gratis hefte

in English

[www.Quantidoc.com](http://www.Quantidoc.com)

På norsk

[Slimboken | Quantidoc – Quantidoc](#)